



Supported Living Services (SLS) Program Information Sheet

Definition/Description

Supported Living means providing the necessary services and supports which enable a person with a developmental disability to remain in control of his/her own living arrangements and be included in typical Colorado community life.

Supported Living changes the focus from where the services and supports are provided (i.e. what residential setting or program facility) to how the services & supports assist the individual to remain in his/her community and be included in typical Colorado community life. In addition, the focus of the Supported Living model is oriented to assess a broad range of supports involved in a person's life which are available to help address a person's needs such as family, work, social and community supports. The development of an individualized package of services and supports (prioritized annually) that is tailored to the unmet needs of a person is an essential element in the support model.

The SLS program/ menu does appear very expansive in its coverage because of the flexibility to create individually tailored service packages, but the reality is that SLS is not designed to provide full 24-hour services with SLS being the only funding source. SLS is a support program which targets discrete services to meet specific needs, not necessarily all needs. Generally, there must be other means available to meet the full range of needs that a person may have. For example, other resources such as family members or other generic community supports should be integrated into the overall SLS service plan.

Eligibility/Enrollment

Within available appropriations, SLS services and supports may be offered to an individual who meets all the following criteria:

- Be an adult (18 years of age or older)
- Be determined to have a developmental disability by a designated Community Center Board
- Must meet the level of care screen for an Intermediate Care Facility for the Mentally Retarded (ICF-MR), as determined by the Colorado Foundation for Medical Care.
- Must meet Medicaid financial eligibility requirements as determined by the County Department of Social Services (Medicaid SLS).
- Must be responsible to pay his/her room and board expenses as determined by the state
- Must be in control of his/her own living arrangements.
- Cannot require 24-hour supervision on an ongoing/ regular basis which is paid only by SLS Medicaid or State funds.
- An individual receiving SLS services may not be simultaneously enrolled in any other HCBS Medicaid Waiver program.
- Must meet the Post Eligibility Treatment of Income (PETI) if applicable

* * *Eligibility will differ between State and Medicaid funded SLS programs.



Providing Services to Persons
With Intellectual and Developmental Disabilities

Program Goals

- To provide necessary services and supports to a person with a developmental disability to remain in his/her own home and community with minimal intrusion into the person's community life and social supports
- To promote individual choice and local decision making through the individualized planning (IP) process and the tailoring of services and supports to address unmet needs
- To supplement existing natural supports and generic community resources with targeted and cost effective SLS services and supports

Philosophy

Self Determination- Individuals need to have adequate information and be supported in understanding how a decision-making process can work best for him/her. SLS consumers are empowered to make informed decisions concerning prioritizing needs and services and be supported to work in partnership with the CCB (Community Options Inc.). Through this partnership, a service plan is developed to best meet the person's identified needs. Choice and individual selection of available service providers are key components to SLS service development and success. Plans must also consider the availability of funding and allowable services.

Supported Living Services Summary

Individual Services

- Personal care: includes hygiene-ne, bathing, eating, dressing, grooming, bowel/bladder care, menstrual care, money management, grocery shopping. Client may choose agency Service provider or Family Caregiver (paid family member who meets the requirements for a qualified Family Caregiver and working through a Program Approved Service Agency or CCB; SLS Family Caregiver Guide, available on request).
- Mentorship: services that promote self-advocacy with instructing, providing experiences, modeling and advising, parenting
- Homemaker: performing basic household tasks that are related to participant's disability
- Respite: short term supervision either in participant's home, private residence of care provider, group respite setting or camp from 1-30 full days/year.

Day Habilitation

- Specialized habilitation: enables participant to attain maximum functional level. For example, day programs at Park Place and/or Aspen Crest.
- Supported community connections: enables participant to use the community as learning environment. It provides variety of settings with opportunities to interact with community members either in a group or individually.



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Supported Employment

- Group, community-based employment in mobile crews or enclaves <8 people
- Individual: community-based employment with one participant/job coaching
- Job development
- Job placement

Non-Medical Transportation (home to day program, non-day program)

Professional Services: Need must be identified by licensed therapist/physician

- Massage therapy
- Movement therapy
- Hippotherapy

Behavior Services: includes individual a/o group counseling, behavioral interventions, diagnostic evaluations or consultations related to the participant's developmental disability

Specialized Medical Equipment/Supplies: includes devices to increase participant's ability to perform activities of daily living; kitchen equipment to prepare special diets; specially designed clothing

Vision Services: services (exam, diagnosis, glasses) not paid with Medicaid State Plan

Personal Emergency Response: electronic device that enables participant to secure help in an emergency (ex. Lifeline)

Limited Duration Services: (home accessibility adaptations, vehicle modifications, assistive technology)